

CERTIFICATE

OF PARTICIPATION

This is to certify that

Liza Smith

Has successfully participated & completed the

5km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

TIME 00:56:05

PACE 11:12/km

OVERALL 63 of 114

GENDER 33 of 72

OPEN 17 of 34

27 January 2019, Sun

Date



